

 Kimberly-Clark

PROFESSIONAL

## Create Cleaner Learning Spaces

# Your Educational Facility Hygiene Guide

We understand the positive impact proper hygiene practices have always had in schools and colleges, and they've never been more important. This guide will help you implement new measures for the well-being of your students, faculty and staff.



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## Hygiene Expertise for Hygiene Excellence

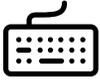
While your educational facility enacts new policies and procedures, Kimberly-Clark Professional can help you create a more hygienic environment. As an industry innovator and leader in hygiene products for nearly 150 years, we've got the tools, solutions and guidance to help meet your needs.

# Welcome to a **New World** of Learning

Educational facilities across the country are planning to welcome students, teachers and staff.

As schools and colleges re-open, physical closeness and group activities may spread germs.

The good news: there are simple interventions that can help reduce the spread of germs.<sup>1</sup>



## Try not to share<sup>2</sup>

This includes electronic devices, books, games, learning aids and other equipment. If shared, clean/disinfect between use.



## Avoid face-touching<sup>3</sup>

Teach the importance of washing before/after touching the eyes, nose or mouth.<sup>4</sup>



## Keep it clean

Encourage use of disinfectant wipes on personal items like cell phones, and work/living spaces as appropriate.



## Ensure adequate hygiene supplies

Provide enough soap, hand sanitizer, paper towels, toilet paper, facial tissue, disinfectant wipes and face coverings (as feasible).



## Hygiene on the move

Routinely clean and disinfect frequently touched surfaces on school buses, including surfaces commonly touched by the operator.<sup>5</sup>



## If showing symptoms, don't come to the campus or school

If someone has a fever, cough, trouble breathing or other symptoms, they should stay home and seek medical advice.<sup>6</sup>

## Tackle hygiene hot spots

Refer to our quick guide to areas where hand soaps, sanitizers and disinfectants should be frequently used.

[See page 4](#)

1. <https://www.gse.harvard.edu/news/uk/20/03/prepare-coronavirus-simple-measures-are-often-most-effective>  
2. <https://www.osha.gov/Publications/OSHA3990.pdf>  
3. <https://www.cdc.gov/features/rhinoviruses/index.html>  
4. <https://www.cdc.gov/handwashing/when-how-handwashing.html>  
5. <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/bus-transit-operator.html>  
6. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

## Get Schooled on Germs

Think you're informed about germs? Here are some facts that may surprise you:



### Face the Facts

You touch 7,200 surfaces every 24 hours.<sup>7</sup> You also touch your face 522 times a day.<sup>8</sup>

### The Dirt on Desks

The average desk has 400x more bacteria than a toilet seat.<sup>9</sup>



### Surface Surprises

The average mobile phone harbors 6,300 bacteria.<sup>10</sup> The cafeteria, the classroom, your desk—you're using your phone where germs live.

### Water Works

Water fountains have 19x as much bacteria as a toilet seat.<sup>11</sup> Are you still feeling thirsty?



**If you're alarmed by these numbers,  
know that you're not alone.**

You're working hard to safeguard the well-being of your students, staff and educators, and we're here to help. Get prepared with a solid hygiene strategy.

7. Zhang, N., Li, Y. and Huang, H., 2018. Surface touch and its network growth in a graduate student office. *Indoor air*, 28(6), pp.963-972

8. A frequent habit that has implications for hand hygiene. Kwok, Yen Lee Angela et al. 2015. *American Journal of Infection Control*, Volume 43, Issue 2, 112 – 114

9. U. of Arizona study by Gerba, C. 2002. *First In-Office Study Dishes The Dirt on Desks*

10. Martínez-González, N.E., Solorzano-Ibarra, F., Cabrera-Díaz, E., Gutiérrez-González, P., Martínez-Chávez, L., Pérez-Montaño, J.A. and Martínez-Cárdenas, C., 2017. Microbial contamination on cell phones used by undergraduate students. *Canadian Journal of Infection Control*, 32(4).

11. <https://www.nsf.org/consumer-resources/studies-surveys-infographics/germ-studies/germiest-places-schools>

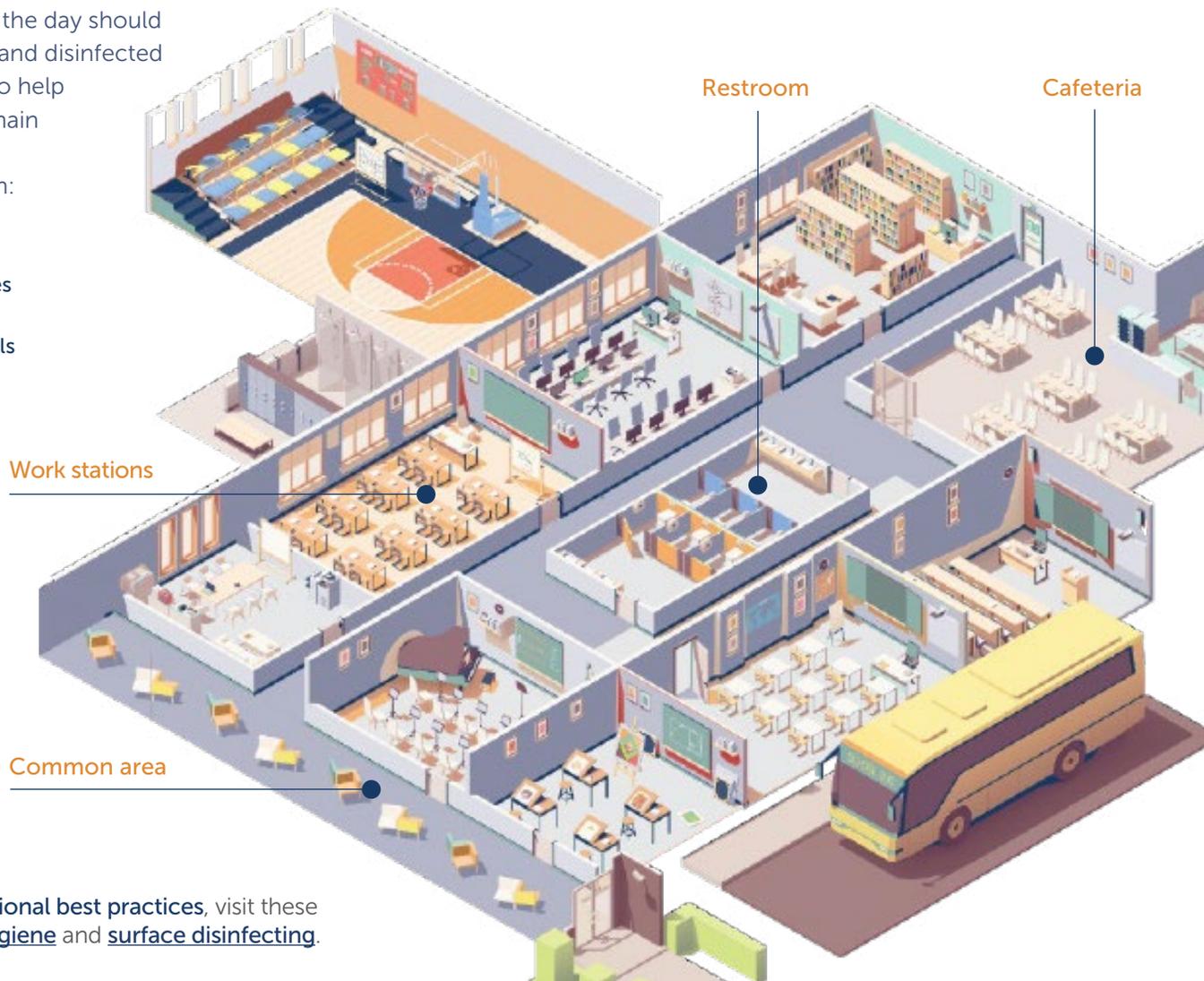
# Education hot spots



These areas require hygienic solutions to help stop the spread of germs in your educational facility.

- Targeting “hot spots” with hand and surface hygiene is a key step toward helping reduce the spread of germs.
- Objects touched by lots of people throughout the day should be cleaned and disinfected frequently to help break the chain of germ transmission:

- Doorknobs
- Light switches
- Buses
- Stair hand rails



To learn additional best practices, visit these sites: [hand hygiene](#) and [surface disinfecting](#).

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# Assess Your Situation

To set up a successful educational facility hygiene strategy, there are certain essential items to consider. Note your level of preparedness in each of these areas, then determine your action steps.

For more guidance, connect with a Kimberly-Clark Professional Sales Representative to arrange a virtual hygiene site walk.

Critical action areas

● Unprepared

● Needs Improvement

● Prepared

<p>1. Surfaces disinfected throughout the day in the most hygienic manner:</p> <ul style="list-style-type: none"> <li>• EPA-approved cleaner &amp; disinfectant</li> <li>• Properly trained/retrained cleaning staff, faculty and bus drivers</li> <li>• Scheduled disinfection throughout the day</li> </ul>			
<p>2. Frequent hand washing taught and encouraged:</p> <ul style="list-style-type: none"> <li>• Best practices shared via messaging</li> <li>• Visual cues posted as a frequent reminder</li> <li>• Sinks well-stocked with hand soap &amp; single-use paper towels</li> </ul>			
<p>3. Hand sanitizer (at least 60% alcohol in colleges, alcohol-free for grades K-12) available in high-traffic hot spots:</p> <ul style="list-style-type: none"> <li>• Entrances, classrooms, cafeterias/dining halls, offices, breakrooms, by doors with handles</li> <li>• Consider hygiene stations in work areas</li> </ul>			
<p>4. Disinfectant spray and/or wipes provided in high-traffic hot spots:</p> <ul style="list-style-type: none"> <li>• Stair hand rails, gymnasiums, breakrooms, near classrooms, near elevator doors, etc.</li> </ul>			
<p>5. Restrooms equipped for convenience, max hygiene and efficiency:</p> <ul style="list-style-type: none"> <li>• Hygienic toilet paper, seat covers, hand soaps &amp; sanitizers</li> <li>• Consider facial tissues to support hygiene</li> </ul>			
<p>6. Hand drying process optimized for hygiene:</p> <ul style="list-style-type: none"> <li>• Disposable paper towels</li> <li>• Fully enclosed dispensers</li> <li>• Consider touchless technology</li> </ul>			

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